

Connections Count!

Professional Development Conference

February 10 & 11, 2010



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Bristol-Myers Squibb Foundation



Children's Justice Act

L'auberge
dulac
CASINO RESORT
Lake Charles, LA



Connections Count!

Connections Count! Professional Development Conference

Join professionals and practitioners from the four corners Louisiana as we **connect** to expand, enhance, and share our know-ledge, expertise, and "know how" about state of the art services for children, youth, and families.

Connections Count, so be a part of our 12th annual conference and make your voice count, too!

Conference Tracks

Workshops covering four general themes are divided into tracks. Participants are welcome to attend workshops of their choosing. Tracks are:

Track 1—Clinical & Professional Practice

Track 2—Medical & Health Care

Track 3—Advocacy & Forensic Practice

Track 4—High Impact Engagement

"Once again, a great opportunity to meet and connect with all in our field. I look forward to next year! This is my favorite conference to attend!"

"The workshops were excellent and the luncheon speakers were excellent as well."

— participant comments
2009 Connections Count Conference

L'Auberge du Lac

L'Auberge du Lac Casino Resort in Lake Charles will be the site of the conference. A block of overnight rooms is available for Tuesday, Feb. 9, and Wednesday, Feb. 10, 2010, at a reduced rate of \$99. Call 337-395-7777, or toll free 866-580-7444, for reservations and use the code SFYC10. Reservations must be made by Jan. 18, 2010, to receive the discount.

Directions from West of Lake Charles: I-10 East. Merge right onto the I-210 Loop at Exit #25. Go over the I-210 E bridge. Take the Nelson Road Exit #4. Turn left onto Nelson Road and follow the signs into L'Auberge du Lac.

Directions from East of Lake Charles: Take I-10 West to Lake Charles. Merge onto the I-210 Loop. Take Exit #4 at Nelson Road. Turn right onto Nelson Road and follow the signs into L'Auberge du Lac.



Registration Fee

Registration fee is \$200. Fee covers two lunches, snacks during breaks, workshops, and CEUs for qualifying participants. Early bird registration ends on Jan. 27, 2010, at 5 p.m.

Limited number of partial scholarships are available for Children's Advocacy Center Team Members, CASA volunteers, school counselors, teachers and childcare staff. Please e-mail *Roxanne* at roxanne@fyca.org or call 337-436-9533 to apply for a scholarship before submitting your registration form.

Discount of 20% will be given to Louisiana Association of Nonprofit Organizations (LANO) members, United Way agency staff members, Louisiana Partnership for Children and Families members, Children and Families Action Network (CFAN) members, and full-time university students.

Continuing Education Units

Continuing Education Units for Licensed Professional Counselors, Social Workers, and Licensed Marriage & Family Therapists are available. Participants can refer to our website, www.fyca.org, for updates on the number of CEUs offered at the conference. *Family & Youth* is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for licensed counselors. We adhere to NBCC continuing education guidelines.

CEU certificates will be mailed to participants who submit appropriate documentation.



Certificates of Attendance

Certificates of attendance for all participants will be available at the conclusion of the conference.

"This conference met my expectations and more. I was very impressed with the presenters and was eager to go from one session to the next. I will definitely make plans for next year!"

"I thoroughly enjoyed the two days. I plan on spreading the word and attending next year. I will use information I obtained and share with my staff."

— participant comments
2009 Connections Count Conference

Conference Highlights

Keynote Speaker: Patricia Doykos, Ph.D.

Director, Bristol-Myers Squibb Foundation

We are pleased to present **Dr. Patricia Doykos**, Director of the Bristol-Myers Squibb Foundation, as luncheon keynote speaker on February 10, 2010.



Committed to corporate social responsibility, the mission of the Bristol-Myers Squibb Foundation is to reduce health disparities by strengthening community-based health care worker capacity, integrating medical care and community-based supportive services, and mobilizing communities in the fight against disease. Dr. Doykos is responsible for the Bristol-Myers Squibb Foundation's global health strategy and for partnership development and grant-making involving serious mental illness in the U.S. and cancer in Europe.

With guidance from Dr. Doykos, the Lake Charles area is benefitting from Bristol-Myers Squibb Foundation funds for the purpose of increasing the community's capacity to recognize and treat mothers with depression, including perinatal and postpartum depression, which also pose risks for the development of psychopathology in children. *Family & Youth*, the Office of Mental Health, the Office for Addictive Disorders, and the National Alliance for Mental Illness Southwest Louisiana partner to identify and treat mothers with depression, to assess program effectiveness, and to work toward sustaining and duplicating the endeavor in other regions of the state.

Join us for a keynote address from Dr. Patricia Doykos.

James Lukefahr, M.D.

Univ. of Texas Health Sciences Center

Dr. James Lukefahr joined the University of Texas Health Science Center at San Antonio's Child Abuse Division in June 2007. He is Medical Director of the Christus Santa Rosa Children's Hospital Center for Miracles, a multidisciplinary facility for evaluating physically abused and neglected children.

Terrence D. Walton, M.S.W.

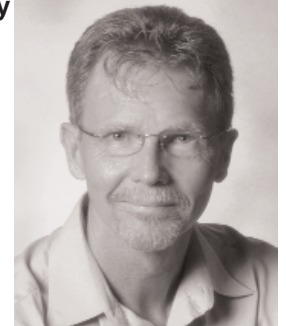
District of Columbia Pretrial Services Agency

Terrence D. Walton, Director of Treatment for the District of Columbia Pretrial Services Agency (PSA), in Washington, D.C., is among the nation's leading experts in providing treatment, training, and technical assistance in the areas of substance abuse prevention, assessment, and treatment. He directs the PSA operations that provide substance abuse and mental health assessment, treatment, and social services for all adults released under PSA supervision in the District of Columbia. Additionally, he serves on the faculty of the *National Drug Court Institute*.

Keynote Speaker: Barry L. Duncan, Psy.D.

Director, The Heart and Soul of Change

We are pleased to present **Dr. Barry Duncan**, Director of the Heart and Soul Project, as luncheon keynote speaker on February 11, 2010.



Therapist, trainer, and researcher with over 17,000 hours of clinical experience and over 100 publications, Duncan has received numerous awards for his contributions to the mental health field. Two such awards include Menninger Foundation's 15th Annual Award for Scientific Writing for the best-selling *The Heart and Soul of Change*, as well as *Psychotherapy Networker* "20th Anniversary All Time Top Ten Award" for Duncan's article "Exposing the Mythmakers," recognized as one of the most influential features in the magazine's history. His newest book, *On Becoming a Better Therapist*, is due for release in March 2010.

Because of his books, Duncan has appeared on "Oprah," "The View," and several other national TV programs and has been featured in *Psychology Today* and *USA Today*.

Due to his extensive clinical experience and scientific research, Duncan conducts seminars internationally in client-directed, outcome-informed therapies, in hopes of inciting insurrection against practices that diminish clients. Duncan warns, "Despite the overall effectiveness of psychosocial services, drop outs are a substantial problem, many clients do not benefit, and providers vary greatly in effectiveness." Duncan promotes 'practice based evidence' as the real solution to these problems. Learn more by joining us for Dr. Duncan's keynote address: **The Good, the Bad, and the Ugly of Mental Health Services: The Revolution of Practice Based Evidence.**

Philanthropy Celebration and Awards Reception

Join us and Rev. John Vaughn with *Twenty-First Century Foundation*, New York, for a Philanthropy Celebration and Awards Reception on February 10, 2010, at 5:30 p.m., at L'Auberge du Lac Casino Resort Business Center. *Family Foundation of Southwest Louisiana* will celebrate local philanthropists who give their time, talent, and treasure to promote the well-being of others and the betterment of Southwest Louisiana. Help us offer a collective, heartfelt *thank you* to several philanthropists in our community. This event is part of a national celebration that recognizes the profound impact of philanthropy on the fabric of society.

Wednesday, Feb. 10, 2010

**REGISTRATION & CONTINENTAL
BREAKFAST**

7:45 a.m.

WELCOME

8:30 a.m.

SESSION I

8:45 to 10:15 a.m.

**Working with Minors: Ethical and Legal
Concerns, Part 1**

M. Janelle Disney, Ph.D., LPC, LMFT

Professor of Psychology, McNeese State University

Mental health services for young persons require special ethical and legal consideration, especially in the areas of custody, confidentiality, informed consent, and record maintenance. Workshop participants will review applicable Louisiana laws and challenge their knowledge in an interactive format for learning. **(Track 1) NBCC approved.**

**Love, Lust, and Lies: Understanding Sex
Addictions**

Terrence D. Walton, M.S.W.

Director of Treatment, District of Columbia Pretrial Service Agency

Using both research and cases ripped from the headlines, Terrence Walton will present the most common causes and indicators of sexual addiction, as well as discuss effective treatments and the differences between sex addicts and sex offenders. **(Track 2) NBCC approved.**

Hybrid Gangs

Detective Sgt. Robbie Broussard

Narcotics/Gang Detective, Calcasieu Parish Sheriff's Office

Gang membership has increased, as evidenced by recent surveys reporting over 20,000 gangs and one million gang members in the United States alone. Hybrid gangs are now evolving as an additional problem, increasing gang activity in large cities and rural communities. Participants will learn new information about hybrid gangs not commonly discussed. **(Track 3)**

**Integration of Social Media, Technology &
Business**

Ned Fasullo

President, SimplifyIT - An IES Company

Social Media is a major trend radically changing the way we communicate and interact with our friends, family and colleagues. *Join the crowd!* Learn how social media can help you create greater awareness about your business, thereby giving you advantages in the quest for customers, community volunteers and funders! **(Track 4)**

BREAK

10:15 to 10:30 a.m.

SESSION II

10:30 a.m. to 12:00 p.m.

**Working with Minors: Ethical and Legal
Concerns, Part 2**

M. Janelle Disney, Ph.D., LPC, LMFT

Professor of Psychology, McNeese State University

Mental health services for young persons require special ethical and legal consideration, especially in the areas of custody, confidentiality, informed consent, and record maintenance. Participants will review applicable Louisiana laws and have the opportunity to challenge their knowledge in a thought-provoking interactive workshop. **(Tracks 1) NBCC approved.**

**Hip, Hype, or Hypocrisy: Using Hip Hop
Culture to Combat Delinquency**

Terrence D. Walton, M.S.W.

Director of Treatment, District of Columbia Pretrial Service Agency

Explore the youth culture known as *Hip Hop* and *Gangsta' Rap* and specifically how substance use, violence, and criminal activity are portrayed. Participants will see, hear, and feel real examples of the culture, as they explore how to use *Hip Hop* to help youth and young adults make better choices. **(Track 2) NBCC approved.**

Child Abuse Burn Injuries

James L. Lukefahr, M.D.

Professor of Pediatrics, Division of Child Abuse, University of Texas Health Sciences Center at San Antonio

Select this presentation to learn the causes and types of burns in children, as well as the guidelines for distinguishing accidental burns from abusive burns. **(Track 3) NBCC approved.**

**From LSD to AARP: The Aging of the Baby
Boom Generation**

Linda Brannon, Ph.D.

Professor of Psychology, McNeese State University

Although a popular rock and roll song of the 1960s proclaimed "Hope I die before I get old," the Baby Boom generation has aged. Yes, the leading edge of the Baby Boomer group is nearing traditional retirement age. Learn how Boomers will create challenges and opportunities for the health care system, the economy, and society in general. **(Track 4) NBCC approved.**

LUNCHEON PLENARY

12:00 to 1:00 p.m.

Keynote Speaker: Patricia Doykos, Ph.D.

Director, Bristol Myers-Squibb Foundation

NBCC approved.

BREAK

1:00 to 1:15 p.m.

Temperatures may vary in meeting rooms. For your comfort, please dress accordingly.

SESSION III

1:15 to 2:45 p.m.

Practical Play Therapy Techniques for Improving Work with Children

Ray Malerine, M.A., LPC, LMFT, RPT-S

Ann Landry, M.S.W., LCSW, RPT-S

Stephanie Legendre, M.A., Counselor Intern

From assessment to termination, discover the benefits of play therapy via a variety of techniques proven effective with children and adolescents. Enjoy an interactive presentation that demonstrates play therapy techniques for a variety of presenting issues. Upon completion, participants will be prepared to incorporate useful techniques into real practice. **(Track 1) NBCC approved.**

Motivational Interviewing: From Conflict to Compliance to Commitment!

Terrence D. Walton, M.S.W.

Director of Treatment, *District of Columbia Pretrial Service Agency*

Motivational Interviewing (MI) is a person-centered, directive method for enhancing intrinsic motivation to change. Learn how even brief encounters can be used to increase momentum toward positive change. Session is intended for those new to MI, as well as for those with some familiarity who want fresh and practical suggestions. **(Track 2) NBCC approved.**

SIDS, SUID, SUDI: New Names for an Old Problem

James L. Lukefahr, M.D.

Professor of Pediatrics, Division of Child Abuse, *University of Texas Health Sciences Center at San Antonio*

Current understanding of the different causes of unexpected infant death will be reviewed, including SIDS, homicide, and "undetermined" death, and how these causes are described on death certificates. **(Track 3) NBCC approved.**

Complexities of Treating Asperger's Disorder

Lakisha Williams, Psy.D., Licensed Clinical Psychologist

Office for Citizens with Developmental Disabilities, Calcasieu Parish School Board, Private Practice

Parents bring many questions and concerns when seeking services for children diagnosed with Asperger's Disorder. Join Dr. Williams as she shares information about effectively addressing the challenges associated with the diagnosis of Asperger's Disorder and the assessment and intervention methods used for treatment. **(Track 2) NBCC approved.**

BREAK

2:45 to 3:00 p.m.

SESSION IV

3:00 to 4:30 p.m.

Aromatherapy and Massage: Therapy Outside the Box

Susan G. Salvo, B.Ed., LMT, NTS, NCTMB, CI

Danielle R. Caraway, M.A., LPC, LMFT, NCC

In today's high stress world, clients (and therapists) often seek self-care through natural methods, such as *aromatherapy*, the ancient practice of using pure essential oils to enhance physical, emotional or spiritual well-being, and *massage therapy*, used to relieve depression and anxiety disorders both as an adjunct to counseling and as a self-help technique. Participate in an interactive experience and learn the basics of therapy "outside the box." **(Track 1) NBCC approved.**

Working Together to Address Postpartum Depression: A Community Partnership

Michael Kudla, M.D.

Susan Fry, LCSW

Bill Williams, M.A., LPC, LMFT

Erin Shoumaker, M.A., Counselor Intern

Are you serving women with perinatal or postpartum depression? Discover the challenges and possibilities of working with this special population, including the potential for drug use, domestic violence, and other mental health diagnoses that can play a part. A panel of experienced professionals will discuss the topic and welcome your input and questions. **(Track 2) NBCC approved.**

Criminally Prosecuted Cases of Child Starvation

James L. Lukefahr, M.D.

Professor of Pediatrics, Division of Child Abuse, *University of Texas Health Sciences Center at San Antonio*

Two series of child starvation victims will be reviewed, including how they presented, which victims survived, and which cases resulted in criminal convictions. **(Track 3) NBCC approved.**

Street Smart Personal Safety

Commander James McGee

Commander of the Enforcement Division, *Calcasieu Parish Sheriff's Office*

Learn how to reduce the risk of becoming a victim and what to do if you become one. Commander McGee will demonstrate self-defense techniques and provide participants an opportunity to practice. **(Track 4)**

For conference updates, visit

www.fyca.org

Thursday, Feb. 11, 2010

REGISTRATION & CONTINENTAL BREAKFAST

8:00 to 8:30 a.m.

SESSION I

8:30 to 10:00 a.m.

The Heart and Soul of Change

Barry L. Duncan, Psy.D.

Director, *The Heart and Soul of Change Project*

Bypassing technical wizardry, discover the recipe for enhancing what works in therapy, based upon empirical guidelines of *how change actually happens!* Particular attention will be paid to rallying clients and their resources to the cause of change, as well as to embracing that tried-and-true-but-taken-for-granted old friend, the *therapeutic alliance* (the client and the alliance are the heart and soul of change!). Videotaped examples will show practical approaches for using client strengths and for providing services that fit clients' relational preferences. **(Track 1) NBCC approved.**

About Infant Mental Health

Jean Valliere, LCSW

Coordinator, Mental Health, *Maternal and Child Health Ass't Prof., School of Public Health, LSUHSC*

Infant mental health (IMH) involves the exploration of and intervention in the relationship context between the infant or very young child (0-3) and the primary caregiver. Because children grow and develop within this relationship, clinicians working with babies and very young children are wise to understand the paradigm shift that must occur in order to best serve the infant/caregiver dyad. This session serves as a prerequisite for *Working with Caregivers and Babies*, unless participant has knowledge of IMH. **(Track 2) NBCC approved.**

Child Abuse Investigation: Advanced Issues

Stacie Schrieffer LeBlanc, J.D., M.Ed.

**Department Manager, *The Audrey Hepburn CARE Center*
Executive Director, *New Orleans Children's Advocacy Center Children's Hospital***

Child sexual abuse investigations are difficult, *period!* Presenter will provide information on how to handle tough components of such an investigation. Topics include gathering evidence, getting a confession, and working as a team. **(Track 3) NBCC approved.**

BREAK

10:00 to 10:15 a.m.

SESSION II

10:15 to 11:45 a.m.

On Becoming a Better Counselor

Barry L. Duncan, Psy.D.

Director, *The Heart and Soul of Change Project*

Learn the details of practice based evidence and how to begin outcome partnerships in your professional setting. Reliable, valid, and feasible methods are presented for discussing the client's view of both the progress and fit of services, thereby enabling the client's feedback to shape and enhance client benefit. This presentation not only will help you improve your outcomes and become a better counselor, it will help you *re-remember* why you became a counselor in the first place--to make a meaningful difference in as many lives as possible. **(Track 1) NBCC approved.**

Working with Caregivers and Babies

Jean Valliere, LCSW

Coordinator, Mental Health, *Maternal and Child Health Ass't Prof., School of Public Health, LSUHSC*

Key skills and concepts exist for helping a parent learn about her baby and for experiencing the baby as an individual, separate from herself. Learn the approaches, skills, and practices particular to attending to the caregiver/infant dyad and how working with this dyad is different than working with an individual or group. Must attend morning session on IMH or have attended previously. **(Track 2) NBCC approved.**

Internet Crime Forensics

Monica Ford

**Computer Forensic Examiner, High Technology Crime Unit
Office of the Attorney General**

Internet Crimes against Children Task Force investigates, interdicts, and prosecutes technology facilitated child sexual exploitation crimes. Discussion will include cyber bullying, social networking sites such as MySpace and Facebook, and cases worked. Internet safety tips and suggestions will be provided. **(Track 3)**

LUNCHEON PLENARY

11:45 a.m. to 12:45 p.m.

**Keynote Speaker: Barry Duncan, Psy.D.,
Director, *The Heart and Soul of Change Project*
NBCC approved.**

BREAK

12:45 to 1:00 p.m.

SESSION III

1:00 to 2:30 p.m.

To Twilight...and Beyond!

Sam Armer, LCSW, BCD, CT, BCETS

Clinical Psychotherapist, Owner, *Professional Counseling Specialties*

Explore the craze and fandom of the *Twilight* series, including its controversy. Presenter will address the question of harm for teens and *Twilight* moms. What is it about vampires that make them so attractive? Prepare for a unique and interactive workshop. **(Track 1) NBCC approved.**

Criminal Forensic Psychiatry

David Self, M.D.

Criminal forensic psychiatry consultant and expert witness

Learn about an important sub-specialty in the field of psychiatry representing the interface between law and psychiatry. Select this session to gain knowledge of the unique ethical considerations of criminal forensic psychiatry, including what determines a person's competency to stand trial. **(Track 2) NBCC approved.**

STD Facts and Fiction

Troy Hidalgo, FNP-BC

Nurse Practitioner, Dept. of Health and Hospitals/Office of Public Health

Is it possible to become infected with gonorrhea by sharing a bath towel with an infected person? Can individuals contract herpes from toilet seats? Presenter will discuss these and other common questions about sexually transmitted diseases (STD). Learn the most up-to-date signs, symptoms, appearance, and treatment of STDs and the prevalence of each in Louisiana. Bring your questions. **(Track 3) NBCC approved.**

Registration Form

Payment with pre-registration required.

Name: _____ Title: _____

Organization: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

E-Mail: _____

**CEUs for NBCC, LMFT, and NASW available.
See www.fyca.org**

_____ I give *Family & Youth* my consent to take my photograph at the conference to use in future marketing materials.

Registration Fee for the Conference is \$200. Make checks payable to Family & Youth, 220 Louie Street, Lake Charles, LA 70601 or fax registration form with credit card information to 337-439-9941. A limited number of partial scholarships are available for school counselors, teachers, childcare staff, CAC team members and CASA volunteers. Please call Roxanne at 337-436-9533 to apply. Registration fee includes non-refundable processing fee of \$35.

_____ I have received a scholarship.

You may qualify for a 20% discount in one of the following categories.

- _____ LANO member
- _____ United Way agency staff member
- _____ Louisiana Partnership member
- _____ Children & Families Action Network member
- _____ Full-time University Student

I have enclosed:

- _____ \$200 for registration
- _____ \$180 for early bird registration, ending Jan. 27, 2010, 5 p.m.
- _____ \$160 Discounted registration
- _____ \$144 Discounted early bird registration, ending Jan. 27, 2010, 5 p.m.
- _____ Scholarship registration fee

Pay by Credit Card

_____ MasterCard _____ Visa
_____ Discover _____ American Express

Name on Credit Card:

Credit Card Number:

Security Code (on back of card) _____ Expiration Date: _____

Amount:

Please check which workshops you plan to attend: (For scheduling purposes; does not guarantee availability)

Wednesday, February 10, 2010

SESSION I (Choose One) 8:45 to 10:15 a.m.

- _____ Working with Minors: Ethical and Legal Concerns, Part 1 (Track 1)
- _____ Love, Lust and Lies: Understanding Sex Addictions (Track 2)
- _____ Hybrid Gangs (Track 3)
- _____ Integration of Social Media, Technology and Business (Track 4)

SESSION II (Choose One) 10:30 a.m. to 12:00 p.m.

- _____ Working with Minors: Ethical and Legal Concerns, Part 2 (Track 1)
- _____ Hip, Hype, or Hypocrisy: Using Hip Hop Culture to Combat Delinquency (Track 2)
- _____ Child Abuse Burn Injuries (Track 3)
- _____ From LSD to AARP: The Aging of the Baby Boom Generation (Track 4)

SESSION III (Choose One) 1:15 to 2:45 p.m.

- _____ Practical Play Therapy Techniques for Improving Work with Children (Track 1)
- _____ Motivational Interviewing: From Conflict to Compliance to Commitment! (Track 2)
- _____ SIDS, SUID, SUDI: New Names for an Old Problem (Track 3)
- _____ Complexities of Treating Asperger's Disorder (Track 2)

SESSION IV (Choose One) 3:00 to 4:30 p.m.

- _____ Aromatherapy and Massage: Therapy Outside the Box (Track 1)
- _____ Working Together to Address Postpartum Depression: A Community Partnership (Track 2)
- _____ Criminally Prosecuted Cases of Child Starvation (Track 3)
- _____ Street Smart Personal Safety (Track 4)

Thursday, February 11, 2010

SESSION I (Choose One) 8:30 to 10:00 a.m.

- _____ The Heart and Soul of Change (Track 1)
- _____ About Infant Mental Health (Track 2)
- _____ Child Abuse Investigation: Advanced Issues (Track 3)

SESSION II (Choose One) 10:15 to 11:45 a.m.

- _____ On Becoming a Better Counselor (Track 1)
- _____ Working with Caregivers and Babies (Track 2)
- _____ Internet Crime Forensics (Track 3)

SESSION III (Choose One) 1:00 to 2:30 p.m.

- _____ To Twilight...and Beyond! (Track 1)
- _____ Criminal Forensic Psychiatry (Track 2)
- _____ STD Facts and Fiction (Track 3)

Join us Wednesday, Feb. 10, 2010,
at 5:30 p.m. for the Philanthropy
Celebration and Awards Reception.

For more information

www.fyca.org

Roxanne Camara at 337-436-9533

roxanne@fyca.org

Conference Director:

Candis J. Carr, Ed.D., NCC, LPC, LMFT, CEAP

e-mail: candis@fyca.org

Family & Youth

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*supporting family life,
building a stronger community*



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February 10 & 11, 2010

Presented by Family & Youth

at

L'Auberge du Lac Casino Resort