

# WORK THOUGHTS

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## The Best Input

January is a great time to refocus our efforts at work and to maximize our productivity in all the areas that give us the most satisfaction. Kind of a win-win situation!

However, if we do not clearly know what makes work satisfying in the first place, such a recommitment is not so easily accomplished.

To enhance your awareness of what "brought you to the dance," complete the following sentences. When you answer with real examples and a little detail, your insight will allow you to make better choices, thereby improving your performance. Try it.

**One of the most exciting things we're doing at our workplace today is**

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**I get a great deal of job satisfaction when**

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**The best thing a customer ever told me about our organization is**

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**I took this job because**

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**The reason I'm doing this - besides the money - is that it offers me the opportunity to**

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Contemplating these responses can also help you recognize and further develop what is most important about work - *for you*. If your responses reveal something unexpected, and/or you want to explore your reflections in more depth, please take the time to schedule a consult with a **Performance EAP** professional to learn even more.

Call today to schedule a one-on-one meeting. I look forward to hearing from *you*. (337-436-9533).



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